

# Heads Up

- the nuts and bolts for the week -

No 24 : 5<sup>th</sup> November 2018

Dear parents

## Sports results

The Grade Six and Seven Robotics team enjoyed an afternoon of collaboration at St Peters Preparatory on 24 October. It was an exciting afternoon of problem solving and friendly interaction, and we hope one in a schedule of many.

## Parents Association

The PA fundraiser of stickers, cards, bracelets and keychains was distributed on Friday. Please check your child's schoolbag if you placed an order. Thank you to all for supporting this fundraiser so generously.

A reminder that we are collecting groceries for all the ground staff for Christmas.

## Appreciation (Photos on following page)

Thank you to Justine, Romy, Jade and Karen on the PA and the staff who welcomed our new children and parents for 2019 so warmly over the course of the last fortnight. Our Grade Two classes sang the school song so magically and the Grade Sixes blew us away with their marimba playing, skilled guided tours and pride of place in general. I have been pushing "groet is 'n moet" and our children applied it to every new, nervous visitor. Taking it a level further, the Grade Sixes offered sincere, heartfelt speeches to share their personal journey and their experience of Bellavista School. I will be posting these on the website and on our Facebook page in a bid to capture their sentiments for all to read.

## *If the creators of screen time are worried about their kids, should you not be thinking about parameters too?*

<https://www.nytimes.com/2018/10/26/style/phones-children-silicon-valley.html>

Read this provocative article that snuck into the New York Times and referenced by Hilary Clinton at the Discovery Leadership Summit last Thursday.

Tech is great. Tech is changing our lives. Tech can be a life saver even. But, unmonitored, untethered and ignorantly applied, our children's brains are in a lot of trouble; possibly irreversibly so. This year, I have dealt with more screen addiction issues trashing homes than any other parent and teacher concern.

## Important communication for 2019

2019 is up close to our rear view mirrors and we have an important communication to share. Please see letter 10 of 2018 attached to this email.

Enjoy the week,  
Alison Scott  
Principal



#speakSAup



C E A Tool  
Self Change

To seek deep,  
personal value  
in learning  
experiences  
that energises  
thinking and  
behaviour and  
leads to greater  
commitment  
and success.

1

S.H.A.R.E.  
Brain Injury  
14 Nov 7pm

2

Letter 10 of 2018

3

Screen time article

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### Domestic worker:

Fanny Kachingwe

Contact 073 641 3186

Experienced.

Has contactable references.

Good with children.

Gentle and kind nature.

Enjoys cooking.

Maki Selepe is looking for new employment from January. Her current job ends after 9 years as the child leaves for boarding school. Maki cleans, cooks very well and manages admin and household issues.

Please contact Happy-Girl Buthelezi on 083 222 5496 for references

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