

# Heads Up

- the nuts and bolts for the week -

No 7: 18<sup>th</sup> March 2019

Dear Parents



We have had two wonderful performances and two more to follow.

The children shine as they take to the stage and entertain with joy, energy and enthusiasm.

## Parent-Connect

**Parents' interviews:** Dates and times will be provided for you to meet with your class teacher and therapists shortly.

## Community Engagement:

### Ukukhanye Kwe Zwe Nursery School:

Collection of Vegetables every Tuesday.

Initiative for this term, as per the attached letter for the collection of toiletries, with thanks.

## #Mediation – tips for the week

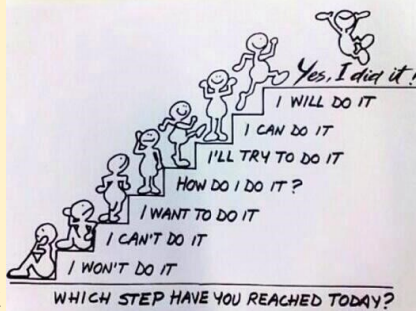
### Goal Orientation

How does having a goal assist one?

Do you think your goal is achievable?

What strategy can you employ to make it achievable?

Do you reflect on your goal as you work towards it?



**Reminder:** Thursday 21 March 2019 – Public Holiday  
Friday 22 March 2019 is a school day.

## Of special note: JP Morgan race Thursday 28 March 2019

We have received notification that there will be road closures.

To allow for this, school will close promptly for:

Grade R – 12h30

Grades 1 to 3 – 13h00

Grades 4 to 7 – 13h30

***“With the new day comes new strengths and new thoughts”***

*Eleanor Roosevelt*

Enjoy the week ahead

Miriam Wilder (Mrs)

Dean of School

1

CONCERT

2

JP Morgan  
28<sup>th</sup> March

3

CONCERT



#connect



C E A Tool

**The building block tool of Goal Orientation**

To seek deep, personal value in learning experiences that energises thinking and behaviour and leads to greater commitment and success.

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No 7: Continued

## S.H.A.R.E. Workshop:

### The Sunday Sessions: Supporting Learners with ASD in the School Environment

Karen Archer (Educational Psychologist) & Lauren Davis (Speech & Language Therapist)

A Workshop for Educators, Health Professionals and Parents  
HPCSA Awards 3 CEU (Level 1)

Learners with ASD have a different, not defective, way of thinking. This workshop will introduce autism spectrum disorders (ASD) and briefly look at the changes in the diagnostic criteria and levels of classification. The cognitive, emotional and social profile of learners with ASD will be discussed. We will explore how girls and boys on the spectrum present differently to one another and how schools, health professionals and parents are able to collaboratively support ASD learners within the school environment.

Place: Bellavista School, 35 Wingfield Ave, Birdhaven, JHB  
Date: Sunday 7 April 2018  
Time: 09h00-12h00 (Registration at 08h30)  
Cost: R900.00 per person  
To Book: [www.bellavistashare.org.za/book](http://www.bellavistashare.org.za/book)



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#connect



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**THE UV RUN**  
SATURDAY, 30 MARCH 2019

5KM FUN RUN

glow4 events

Rietvlei Zoo Farm,  
101 Swartkoppies Rd, R554,  
Johannesburg South, Gauteng

SUPPORT A CHARITY!

FUN FOR THE WHOLE FAMILY!

DBV SPCA STEPPING STONE CAUSE 4 Paws LHC

Door of Hope Children's Mission CANSA BRIDGE MOVING LIVES

EARN DISCOVERY VITALITY POINTS!

PLATINUM SPONSORS

MATRIX WAREHOUSE

NGL ATTORNEYS

**SCHEDULE**  
16:00 - Registration & Glow Village Opens  
19:00 - Run Starts

**TICKET PRICES**  
Adults | R 180  
Kids (5-13) | R 60  
Kids under 5 | Free

KIDS ZONE!  
ENTERTAINMENT

MUSIC:  
Colé van dais

MC:  
JON JON PIETERSEN

TICKETS [WWW.GLOW4EVENTS.COM](http://WWW.GLOW4EVENTS.COM)