

# Heads Up

- the nuts and bolts for the week -

No 3 10<sup>th</sup> February 2020

Dear Parents

### **Sports Fixtures:**

Bellavista – Yeshiva

The Terhorst team won

The Commonwealth match was cancelled due to weather conditions

### **Community Engagement:**

Collection for Ukukhanye Kwe Zwe Nursery School on Tuesdays continues.



**Parent-Therapists Connect:** Therapists will be arranging times to meet with parents during February.

### **#Mediation tips for the week : Sharing Behaviour**



Sharing grows - spirit - emotion cognition

Think of each of these components:

How does sharing grow one?

How does sharing grow others?

How does sharing grow one's life world?

### **Parent Association:**

The Parents Association thanks families for donating their child's 2nd hand uniforms; however please only send in items that are in good condition as we are currently being bombarded with uniforms that are not in a wearable condition.

Enjoy the week,

**Miriam Wilder (Mrs)**  
Dean of School



#connect



C E A Tool

**Sharing Behaviour**

**To energise life and learning for everyone by sharing thoughts and actions through effective interdependent learning skills**

1

Prof Venter

2

Parent Connect appointments

3

The Bellavista Club

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No 3 contd. 10 February 2020

evening talk



## ADHD: Is a Cure Possible?

**Professor André Venter**

*HPCSA Awards 1.5 CEUs (Level 1)*

This presentation will explore the role of both pharmacological and non-pharmacological interventions in the management of ADHD. It aims to address the optimal time for intervention and the outcomes that one can realistically expect from these interventions, as well as the burden of ADHD in adulthood, particularly if it is not treated in childhood. The role of genetic influences and co-morbidity will also be addressed.

Professor André Venter is the recently retired Academic Head of the Department of Paediatrics and Child Health at the University of the Free State. His special area of interest is child development, having obtained his Doctorate in 1991 in this field from the University of Alberta, Canada. He is particularly interested in Cerebral Palsy, Attention Deficit and Hyperactivity, Autism and learning difficulties. He is the founder and immediate past National Chairman of PANDA-SA (Paediatric Neurology and Development Association of Southern Africa). Professor Venter is a member of the Advisory Board for Sensory Integration, was an executive member of the International Child Neurology Association and first president of the African Child Neurology Association since 2010.

**Place:** Bellavista School, 35 Wingfield Ave, Birdhaven, JHB

**Date:** Wednesday 12 February 2020

**Time:** 18h30-20h00 (Registration at 18h00)

**Cost:** R200.00 per person

**To book go to:** [www.bellavistashare.org.za/book](http://www.bellavistashare.org.za/book)



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*Bellavista retains the right to cancel this event if there is insufficient interest*