

Heads Up

- the nuts and bolts for the week -

No 4 17th February 2020

Dear Parents

Sports Fixtures:

Bellavista against MC Weiler

The games were played in good spirit. Well done to MC Weiler on their wins.

Community Engagement:

Collection for Ukukhanye KweZwe Nursery School on Tuesdays continues.



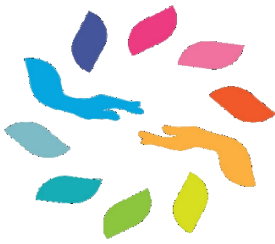
BE KIND – ARK:

Arks have gone home accompanied by a booklet to use as a family as you prefer. Each class has received an ark. The children and teachers will decide together to whom it will be donated.

Parent-Therapists Connect:

These continue throughout the month of February.

#Mediation tips for the week : Sharing Behaviour



- Think of a time when you have shared something.
- How did it feel?
- Did you experience it as a positive or negative one?
- Why?
- Knowing this, would you repeat it?

Corona Virus:

Attached you will find a publication by ISASA on the Corona Virus. We share this information with you for knowledge, care and for peace of mind.

Thankfully, our country remains virus free presently.

PA event – High tea with Paul Bushell and Jane Linely-Thomas

Please see the flyer attached to this Heads Up.

Enjoy the week,

Miriam Wilder
Dean of School

1

**Corona
Virus
Information**

2

**High Tea
15th March
KindnessCan**

3

**Be Kind
ARK
project**



#connect



C E A Tool

**Sharing
Behaviour**

**If I use the Tool
of Sharing
Behaviour then I
will not only
increase my own
learning but I
will help others.**



Is Back!

And More Delicious Than Ever...

Launching: 30 January 2020 | Entries close: 30 May 2020

The 2020 Taste Bud Battle Theme is:

Fruity Fun

SO, WHAT IS THE TASTE BUD BATTLE?

The Taste Bud Battle is an exciting national kids and teens cooking and baking competition.

WHY SHOULD YOU ENTER?

It's an unbelievable culinary experience for kids and teens (and even for the parents), who have an interest in food. Contestants will get spoonfuls of fun, a dollop of inspiration, a sprinkle of education and plenty of scrumptious prizes.

WHO CAN ENTER?

Kids between 4 and 19 years of age who have a keen interest in food, cooking and/or baking – or who simply love being in the kitchen with family and friends.



AGE CATEGORIES

Age on 30 May 2020 when competition entries close.

Pre-Primary:
4 - 5 years old

Junior Preparatory / Primary:
6 - 9 years old

Senior Preparatory / Primary:
10 - 13 years old

College / High School:
14 - 19 years old



tastebudbattle

See www.tastebudbattle.co.za for details on how to enter!

