



### REDUCE THE SPREAD OF INFECTIOUS DISEASES

#### Vulnerable children

1. Bellavista recognises that some medical conditions make children vulnerable to infections that would rarely be serious in most children, these include those being treated for leukaemia or other cancers, on high doses of steroids and with conditions that seriously reduce immunity.
2. These children are particularly vulnerable to illnesses like chickenpox and measles and, if exposed to these, Bellavista undertakes to inform relevant parents/guardians to allow them to seek further medical advice.

#### Female staff – pregnancy

1. Certain illnesses like Chickenpox, Rubella or Measles can affect the pregnancy if a woman has not already had the infection.
2. Bellavista undertakes to inform staff if such an illness is confirmed in the school community to allow pregnant women to seek medical guidance, as required.

#### Sick Children

Bellavista asks parents not to send their children to school when they are unwell. The primary reasons for exclusion are that the condition:

1. prevents the child from learning and participating comfortably in school activities;
2. results in a need for care that is greater than staff members can provide without compromising the education as well as the health and safety of other children;
3. poses a risk of spread of harmful disease to others. See Guidance for Exclusion for Infectious Diseases below:

General Symptoms	Recommended period to be kept away from school	Comments
<b>Fever</b>	<p><b>COVID-19:</b> Exclude until tested for virus, if positive exclusion for ten days and quarantine, if negative follow exclusion below; Clearance certificate from GP.</p> <p>Exclude until fever free for 24 hours without the use of fever suppressing medications.</p>	<p>COVID-19: Fever 38°C or higher</p> <p>Fever is a temperature of 37.8° Celsius or higher.</p>
<b>Diarrhoea &amp; Gastro-intestinal Infections</b>	Exclude for 48 hours from last episode of diarrhoea and until individual is well enough to participate in school activities.	
<b>Vomiting</b>	Exclude for 48 hours from last episode of vomiting and until individual is well enough to participate in school activities.	

<b>Coughing COVID-19</b>	<b>COVID-19:</b> Exclude until tested for virus, If positive exclusion for 10 days and quarantine. Clearance certificate from GP. If negative - exclude until recovered and individual is well enough to participate in school activities.
<b>Shortness of breath COVID-19</b>	<b>COVID-19:</b> Exclude until tested for virus, If positive exclusion for 10 days and quarantine. Clearance certificate from GP. If negative - exclude until recovered and individual is well enough to participate in school activities.
<b>Fatigue COVID-19</b>	<b>COVID-19:</b> Exclude until tested for virus, If positive exclusion for ten days and quarantine. Clearance certificate from GP. If negative - exclude until recovered and individual is well enough to participate in school activities.

<b>Rashes and Skin Infections</b>	<b>Recommended period to be kept away from school</b>	<b>Comments</b>
<b>Athlete's foot</b>	None	Care to be taken to avoid spread in school. These measures include regular handwashing, no sharing of clothes or towels, covering affected areas where possible and avoiding contact with affected areas.
<b>Chickenpox</b>	Exclude for 5 days after the onset of the rash and until all vesicles have crusted over.	School staff to be notified when a case is confirmed as there is risk to pregnant women.
<b>Cold sores, (Herpes simplex)</b>	None	Care to be taken to avoid spread in school. These measures include regular handwashing, no sharing of clothes or towels, covering affected areas where possible and avoiding contact with affected areas.
<b>German measles (rubella)</b>	Exclude for seven days from onset of rash	School staff to be notified when a case is confirmed as there is risk to pregnant women.
<b>Hand, foot and mouth</b>	Exclude until all blisters have dried.	Care to be taken to avoid spread in school. These measures include regular handwashing, no sharing of clothes or towels, covering affected areas where possible and avoiding contact with affected areas.
<b>Impetigo</b>	Exclude until lesions are crusted and healed, or 48 hours after commencing antibiotic treatment.	
<b>Measles</b>	Exclude for 4 days from onset of rash.	School staff to be notified when a case is confirmed as there is risk to pregnant women.
<b>Ringworm</b>	No, unless infected area cannot be completely covered by clothing or a bandage.	
<b>Roseola (infantum)</b>	None	
<b>Scabies</b>	Exclude until after first treatment.	Household and close contacts require treatment
<b>Streptococcal Infections e.g. Scarlet fever</b>	Exclude until 24 hours after commencing appropriate antibiotic treatment.	
<b>Slapped cheek (fifth disease or parvovirus B19)</b>	No longer infectious once rash has developed.	School staff to be notified when a case is confirmed as there is risk to pregnant women.
<b>Shingles</b>	Exclude only if rash cannot be covered.	School staff to be notified when a case is confirmed as there is risk to pregnant women.
<b>Warts and verrucae</b>	None	Care to be taken to avoid spread in school. These measures include regular handwashing, no sharing

of clothes or towels, covering affected areas where possible and avoiding contact with affected areas.

<b>Respiratory Infections</b>	<b>Recommended period to be kept away from school</b>	<b>Comments</b>
<b>Coronavirus (COVID-19)</b>	Exclude for 10 days and kept in quarantine. Clearance certificate from GP.	Good hygiene, in particular handwashing, sanitising and thorough environmental cleaning, are important to minimise any danger of spread. Coughing and sneezing into a tissue or upper arm. No human contact and social distancing. Wear cotton face mask at all times.
<b>Viral Respiratory Infections e.g. Influenza</b>	Exclude until recovered and individual is well enough to participate in school activities.	
<b>Tuberculosis</b>	Antibiotic treatment has begun AND medical certificate of recovery is received.	
<b>Whooping cough (pertussis)</b>	Five days from commencing antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment.	

<b>Other Infections</b>	<b>Recommended period to be kept away from school</b>	<b>Comments</b>
<b>Conjunctivitis</b>	Exclude until discharge from eyes has ceased.	
<b>Diphtheria</b>	Exclusion is essential until a medical certificate of recovery is received.	
<b>Glandular fever</b>	Exclude until recovered and individual is well enough to participate in school activities.	
<b>Head lice</b>	Exclude until after first treatment AND clinic clearance has been received.	
<b>Hepatitis A</b>	Exclude until seven days after onset of jaundice or illness.	
<b>Hepatitis B &amp; C</b>	None	Bloodborne viruses are not infectious through casual contact. Apply good hygiene practice when dealing with blood and body fluid spills.
<b>Human Immunodeficiency Virus (HIV)</b>	None Refer to the School's policy on HIV.	Bloodborne viruses are not infectious through casual contact. Apply good hygiene practice when dealing with blood and body fluid spills.
<b>Meningococcal meningitis</b>	Exclude until at least 24 hours of appropriate antibiotic therapy has been administered and a medical certificate of recovery is received.	
<b>Meningitis due to other bacteria</b>	Exclude until recovered and individual is well enough to participate in school activities and a medical certificate of recovery is received.	
<b>Meningitis viral</b>	Exclude until recovered and individual is well enough to participate in school activities.	
<b>MRSA</b>	None	Good hygiene, in particular handwashing and environmental cleaning, are important to minimise any danger of spread.
<b>Mumps</b>	Exclude for five days after onset of swelling.	